

Karen Rakers, MD
Chief Medical Officer,
Next Level Health and Wellness



Gregory Baldwin
Next Level PRIME
Account Manager
Cell: 832-755-5111
gbaldwin@nextlevelurgentcare.com

# Welcome to Next Level PRIME!

We are looking forward to helping you and your family achieve a healthy lifestyle and improved health. As a PRIME member, you have access to all of the Next Level care locations for your primary care, annual physical, and urgent care needs 7 days a week. You also have access to virtual care 24/7. This benefit has been provided through your company/association.

Should you have any questions about this benefit, feel free to reach out to your dedicated PRIME account manager.

To take full advantage of your PRIME membership, we highly recommend downloading the Next Level app by texting NLUCAPP to 313131. Through our app, you can contact a care navigator with the simple press of the orange PRIME button. You also have the option of reaching a care navigator by phone at 832-957-6200.

Sincerely,

**Karen Rakers, MD,** Chief Medical Officer Next Level Health & Wellness Next Level Urgent Care | www.nextlevelurgentcare.com Office: 281-783-8162 | | Fax: 281-336-0764



# **NEXT LEVEL**

### PRIME MEMBERSHIP

Take advantage of **the Next LevelPrime Membership** and give your employees andtheir eligible dependents unlimited access to high-quality, cost-effective medical care.

**\$0** Copay for Telemedicine Visits

Urgent Care with 100% coverage

**\$75 Monthly Premium** for Employee & All Eligible Dependents

Convenient locations throughout the Greater Houston area

# Urgent Care Services

- Upper Respiratory Infections
- Urinary Tract Infections
- X-Ray for Acute Injury
- Sprains, Strains, Splints & Casts for Broken Bones
- Gastroenteritis
- IV Fluids for Dehydration
- Stitches for Lacerations
- Abscesses
- Pink Eye
- Rashes
- Headaches
- Back Pain

# Primary Care & Preventive Services

- Annual Physicals
- 24/7 Telemedicine
- Well Woman's Exams
- Well Child Exams
- Diabetes
- Hypertension
- Thyroid Conditions
- Depression & Anxiety
- Chronic Diseases
- Preventative Screenings
- Blood Draws
- Specialist Referrals
- and Much More!







# Services We Offer:

# **Primary Care**

- Annual physicals
- Well Woman Exams
- Well Child Exams
- Vaccinations
- Diabetes
- Hypertension
- Thyroid Conditions
- Depression & Anxiety
- Chronic Diseases
- Preventive Screenings
- Blood Draws
- Specialist Referrals

# **Urgent Care**

- Upper Respiratory Infections
- Urinary Tract Infections
- X-ray for Acute Injury
- Sprains, Strains, Splints & Casts for Broken Bones
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- IV fluids for Dehydration
- Stitches for Lacerations
- Abscesses
- Pink Eye
- Rashes
- Headaches
- Back Pain
- Ear infections



# **Next Level PRIME Houston Locations**



# **Next Level PRIME** Houston Locations

### **ATASCOCITA**

Open 9am-9pm 7 days a week 7120 FM 1960 Humble, TX 77346

### **BAYTOWN**

Open 9am-9pm 7 days a week 7710 Garth Rd., Ste. A Baytown, TX 77521

### **BEAUMONT**

Open 9am-9pm 7 days a week 6342 Phelan Blvd Beaumont, TX 77706

### **CHAMPIONS**

Open 9am-9pm 7 days a week 15882 Champion Forest Dr. Spring, TX 77379

### **CINCO RANCH**

Open 9am-9pm 7 days a week 10705 Spring Green Blvd., Ste. 600 Katy, TX 77494

### **CONROE**

Open 9am-9pm 7 days a week 1246 N. FM 3083 Rd. W Conroe, TX 77304

### **COPPERFIELD**

Open 9am-9pm 7 days a week 8100 Hwy. 6 North, Ste. E Houston, TX 77095

### **CYPRESS**

Open 9am-9pm 7 days a week 8350 N. Fry Rd., Ste. 400 Cypress, TX 77433

### **FALCON LANDING**

Open 9am-9pm 7 days a week 9722 Gaston Rd., Ste. 190 Katy, TX 77494

### **GARDEN OAKS**

Open 9am-9pm 7 days a week 1717 W. 34th Houston, TX 77018

### **HUMBLE**

Open 9am-9pm 7 days a week 9729 FM 1960 Bypass Humble, TX 77338

### **KATY**

Open 9am-9pm 7 days a week 1420 Katy Fort Bend Rd. Katy, TX 77493

### **KINGSLAND**

Open 9am-9pm 7 days a week 21700 Kingsland Blvd., Ste. 104 Katy, TX 77450

### **KINGWOOD**

Open 9am-9pm 7 days a week 4435 Kingwood Dr. Houston TX 77339

### **LAKE JACKSON**

Open 9am-9pm 7 days a week 101 Winding Way Lake Jackson, TX 77566

### **LEAGUE CITY**

Open 9am-9pm 7 days a week 2560 E. League City Pkwy., Ste. B League City, TX 77573

### **LONG MEADOW**

Open 9am-9pm 7 days a week 7101 Grand Parkway #180 Richmond, TX 77407

### **MAGNOLIA**

Open 9am-9pm 7 days a week 9511 FM 1488 Suite 1100 Magnolia, TX 77354

### **MANVEL**

Coming Soon!

### **MEYERLAND**

Open 9am-9pm 7 days a week 4936 Beechnut Street Houston, TX 77096

### **NEDERLAND**

Coming Soon! 1031 Nederland Ave, Nederland, TX 77627

## NORTHLINE COMMONS

Open 9am-9pm 7 days a week 4414 N Freeway, Ste. 800 Houston TX 77022

### **PASADENA**

Open 9am-9pm 7 days a week 7315 Fairmont Pkwy Pasadena, TX 77505

### **PEARLAND**

Open 9am-9pm 7 days a week 8325 Broadway, Ste. 220 Pearland, TX 77581

### **ROSENBERG**

Open 9am-9pm 7 days a week 4002 FM 762 Suite 100 Rosenberg, TX 77469

### **SIENNA**

Open 9am-9pm 7 days a week 8720 Hwy. 6, Ste. 400 Missouri City, TX 77459

### **SPRING**

Open 9am-9pm 7 days a week 5211 FM 2920 Rd. Spring, TX 77388

### **SUGAR LAND**

Open 9am-9pm 7 days a week 16312 Southwest Freeway Sugar Land, TX 77479

### **SUMMERWOOD**

Open 9am-9pm 7 days a week 11501 N Sam Houston Pkwy E. Humble, TX 77396

### **TANGLEWOOD**

Open 9am-9pm 7 days a week 5749 San Felipe Street Houston, TX 77057

### TOMBALL

Coming Soon! 14099 FM 2920 Tomball, TX 77377

### **THE WOODLANDS**

Open 9am-9pm 7 days a week 25750 Kuykendahl Rd., Ste. A Tomball, TX 77375



# Welcome to Next Level PRIME!



Health and wellness solutions that benefit you and your company.

Have you scheduled yourYournuas Is opchiyastii oxyou with an amazing benefit includin Let us make sure you are up to date vaccines. Next Level PRIME will hel



Schedule your Next Level Prime appointment today with the Next Level app, or call 832-957-6200.

Scan the QR code now to get started!





# Our PRIME Program takes Annual Exams to the Next Level.

Next Level PRIME is all about developing a new patient-centric approach to health and wellness, starting with the Annual Exam. Instead of the typical rushed, impersonal physical, Next Level PRIME provides patients an elevated experience that's more in-depth and personal. Plus, PRIME offers more convenience, with virtual visits, multiple locations, and extended business hours.

# **Check out our new annual check-up procedure:**



Virtual Visit with your Prime Provider, where you can discuss your medical history, any health changes, and voice any concerns.



Visit any of our Next Level Urgent Care locations for an in-person exam and to have labs taken.

You can schedule this through Prime's Care Navigator, and this visit can take place any day of the week between 9 a.m. and 9 p.m.

Schedule your Next Level Prime Annual Physical today through the Care Navigator on the Next Level app.



Final Virtual Visit with your Prime Provider to go over the results, discuss any risk factors and devise a wellness game plan for the coming year.

This is an in-depth meeting, where you can have a thorough, detailed discussion about your health, and won't feel rushed at all.





# Next Level PRIME FAQ







How do I get started?

Using PRIME is as easy as downloading the App and pressing the orange button to be connected with a Care Navigator.



### Do I need an appointment?

**Preventive Care/Chronic Care** – Yes you do! Let us know you are coming so that we can ensure we have the vaccinations or labs you require on hand.

**Urgent Care** – You can call ahead or walk right in. But it is always faster when you let us know you are coming.

**Telemedicine** – Our Care Navigators will set you up with an appointment any time day or night.



I already have a Primary Care Doctor, can I use PRIME for anything?

If you have a health concern when your PCP is unavailable, use PRIME! At the end of your appointment, we will send a summary of your office visit to your Primary Care Physician.



# You now have access to healthcare providers 7 days per week at no cost to you!

- 24/7 Care Navigators who can answer health questions and schedule appointments
- 24/7 Telemedicine availability
- Primary Care appointments for Diabetes, Hypertension, High Cholesterol and all other chronic health problems
   7 days per week 9am-9pm
- Urgent Care access 7 days per week 9am-9pm
- Quick and Easy Annual Physical Exams
- Virtual Wellness Coach to get you started with weight loss and exercise



### How do I schedule my Annual Physical?

Let your Care Navigator know that you would like to be seen for your annual physical. One of our PRIME providers will perform your intake virtually before scheduling your physical at one of our locations. Physicals can be performed between 9am-9pm, 7 days a week.



# I have a health concern but its after 9pm? Can you help?

Our Care Navigators are available 24/7 to assist you with any questions or concerns you may have. Additionally, a PRIME provider is always available day or night for a telemedicine appointment.



## What if I have a serious medical condition?

If we determine that your condition requires a specialist, we will refer you to a specialist IN NETWORK with your insurance. If your condition is emergent, we will send you to the nearest emergency room.



### **NEXT LEVEL PRIME EMPLOYEE ENROLLMENT**

Employee Information							
Last Name		First Name		Date of Birth		Social Security Number	
Street Address			City, State, Zip			Marital Status Single Married	
Gender Male Female	Email Address			Date of Hire		Phone Number	
Dependent Information							
Husband L Wife		ast Name		Name	Date of Birth	Social Security Number	
Daughter Son Other		Last Name		Name	Date of Birth	Social Security Number	
Daughter Son Other		Last Name		Name	Date of Birth	Social Security Number	
Daughter La Son Other		Last Name		Name	Date of Birth	Social Security Number	
Signature							
Signature			Date				